

# Secondary School Menu 2024-25

This menu starts Aug 2024

| Week 1              | Monday                         | Tuesday                                 | Wednesday                      | Thursday                       | Friday   |
|---------------------|--------------------------------|---|--------------------------------|--------------------------------|--|
| Starter/<br>Dessert | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit          | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit                 |
| Choice 1            | Grilled Sausages<br>and Gravy  | Pizza (v)                               | Homemade<br>Savoury Mince      | Homemade<br>Chicken Korma      | Breaded Fish                                   |
| Choice 2            | Fishless Fingers<br>(ve)       | Salmon and<br>Sweet Potato<br>Fishcakes | Omelette (v)                   | Veggie Burger<br>(ve)          | Homemade<br>Vegetarian Pasta<br>Bolognese (Ve) |

Each meal is served with sides including two portions of vegetables and one portion of fruit

| Week 2              | Monday                              | Tuesday                        | Wednesday                      | Thursday                       | Friday                         |
|---------------------|-------------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|
| Starter/<br>Dessert | Soup of the Day<br>Fresh Fruit      | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit | Soup of the Day<br>Fresh Fruit |
| Choice 1            | Homemade<br>Macaroni Cheese<br>(v)  | Homemade<br>Chicken Curry      | Beef Burger in a<br>Bun        | Pizza (v)                      | Breaded Fish                   |
| Choice 2            | Salmon Fish<br>Fingers in a<br>Wrap | Homemade Pasta<br>Bake (Ve)    |                                |                                |                                |

Each meal is served with sides including two portions of vegetables and one portion of fruit

